

## What I want

Beautiful spirit  
Giving  
Nurturing  
Free  
Fertile  
Truly loving

## What I will not accept

Dishonesty  
Controlling  
Emotionally unavailable  
Disrespectful  
Unapologetic  
Gas lighting  
Isolating  
Greedy



## But what do I really need?

Only Love—but it must be real  
And to be real—Love must be returned

## Is Love enough?

A Truly Loving spouse will have what I want,  
and none of what I will not accept

## How do I find True Love?

First, I must learn what True Love is because  
I don't know how to Truly Love—yet

# I must learn to Love

***God + Myself + My Spouse + My Children***